

THE LAST THING I SAW by Alex Sinclair

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My latest book recommendation is '*The Last Thing I Saw*' by Alex Sinclair. It is a chilling psychological thriller with a disturbing twist at the end.

MY REVIEW

Having inherited a sizeable amount of money from her late father, Emma Turner and her husband Darren are finally able to say goodbye to their money worries. Not only is Darren able to start his own construction company, but they now get to keep the large, impressive house in which they and their son Jayden live. Unfortunately, their new-found happiness is destined to be short lived.

Waking up one morning, Emma is shocked to find herself lying in a hospital bed, with her arms and legs restrained and no recollection of what had happened to put her there. The last thing she can remember is Darren's company was about to be sued by an employee who had fallen from the roof of a building while on site. After that her mind is a blank.

Scared by her surroundings, and wondering why Darren and Jayden are nowhere to be seen, Emma soon learns she is in a psychiatric hospital after apparently suffering from PTSD, caused by a traumatic event of her own making. However, nobody will tell her what she is supposed to have done. All the doctors will say is that it was not Emma's fault, and that the only way to get better is to try to remember the events of that day. Sadly, Emma is not sure she is strong enough to face the truth.

I have always loved reading psychological thrillers, and '*The Last Thing I Saw*' is a psychological thriller in the truest sense. Set mostly in a psychiatric hospital, the author has not only created a tense and compelling mystery but has also managed to generate a palpable sense of Emma's confusion and vulnerability, as she struggles to deal with the frightening predicament in which she now finds herself. With so many unanswered questions – not to mention abusive staff and other inmates to contend with along the way – the result is a storyline that will keep you gripped to the very last page. The truth, when it is finally revealed, is both shocking and unexpected.

THE AUTHOR

Alex Sinclair is a psychological thriller author from a quiet country town outside of Melbourne, Australia.

When he's not spending time with his wife and daughter, Alex can be found obsessing over his fiction. He loves to write fast-paced, gripping stories with killer twists. He is an avid reader of psychological thrillers and has a passion for good storytelling.

'The Last Thing I saw' is published by Bookouture and is available in ebook, paperback and audio format from Amazon. It is also available in paperback from Waterstones.